What about health insurance?

Child support orders require that parents provide health insurance for their child(ren). CSED is tasked with the enforcement of medical support as well as child support.

Who is responsible for providing health insurance?

Both parents are responsible to make sure the child(ren) have health care coverage. When a child support order is created, medical support is included. CSED will attempt to enforce medical against the paying parent, unless the custodial parent has been ordered to provide the health insurance or we are notified of medical insurance that is already in place for the child.

What if there is no coverage available through the employer?

Although the child support order may order an individual to provide health insurance, many employers do not have medical insurance and we need to know that. However, most child support orders have a provision that indicates if health insurance becomes available to a parent (obligor or obligee) that parent must purchase the insurance. This means that CSED will enforce medical against the parent who has medical insurance available to them.

What is the National Medical Support Notice (NMSN)?

The National Medical Support Notice (NMSN) is a two-part notice sent to an employer from CSED. This notice is used nationwide to simplify the work required of employers and Health Plan Administrators by providing uniform documents for health care coverage. The NMSN is sent when a child support order requires the parent to provide health care coverage.

Are employers and Health Plan Administrators required to comply?

Yes. The federal government requires the use of the NMSN in all states and territories. Employers are familiar with the form and provide full cooperation.

What if I currently have insurance coverage?

Please provide this information to CSED so we can ensure the child has access to the coverage

How often does CSED verify the availability of health insurance?

If CSED has been made aware there is insurance in place we will request annual updates to ensure the records indicate the most current insurance documentation. CSED will send out notices to verify this information. If we do not have health insurance information, CSED will send notices every six months until health insurance is provided.

DID YOU KNOW?
1 in 4 children are served by the child support program.

DID YOU KNOW?
One baby can go through 5,000 diapers in under three years.

Am I entitled to a credit against my child support obligation for providing health insurance?

If you are providing health care coverage for your children through your employer or private insurance, and coverage is made available, we may be able to credit up to 50% of the monthly cost you pay to cover the child(ren) listed on the support order. Before CSED can determine the credit, we must verify that coverage is in place. If you are requesting credit, the following information is needed:

- Confirmation the children are covered and the effective date of coverage
- Insurance providers name, address and phone number
- Policy number and any required identification numbers
- Names of **all** persons covered on the policy
- Confirmation from the employer or insurer of the total cost of coverage with a breakdown of the cost for each dependent.

Can I get a credit for other medical expenses I pay?

If either parent pays medical expenses that are not covered by the child's insurance, these are called "out of pocket or uncovered medical expenses". In order for CSED to give credit for these types of payments, you need to get a Judgment from the court. For more information on how to pursue a Judgment, please call the Family Law Self Help Center at (907) 264-0851 or (866) 279-0851.

CSED Checklist:

- **Always read and respond** to mail from CSED.
- **Provide complete information** for faster processing and accurate orders.
- **Maintain contact** A caseworker can give you updates on actions taken on your case.
- **Keep good records** of your dealings with CSED. Keep copies of your paystubs and tax records.
- **Notify CSED of any changes** to your address, new job, income, child support order, custody order by the court.
- **Check our website** for more information, forms, and answers to questions.

DID YOU KNOW?
About 275,000 babies are born to teenage mothers every year.

Let us introduce ourselves!

We are the Alaska Child Support Enforcement Division (CSED) and are responsible for establishing and enforcing child support orders to make sure Alaska's children receive financial support from both parents.

We offer the following:

- **Locate parents**
- **Establish parentage**
- **Establish administrative child support orders**
- **Enforce child support orders**
- **Review and modify administrative child support orders**
- **Direct deposit of your child support payments**

Payment Mailing Address:
P.O. Box 100380
Anchorage, AK 99510-0380

Mailing Address:
550 W 7th Ave, Suite 310
Anchorage, AK 99501-6699

Contact us:
Customer Service: **(907) 269-6900**
FAX: (907) 787-3220
Email: dor.csed.customerservice.anchorage@alaska.gov
Or simply send a message on the CSED Client Portal
https://acsess.childsupport.alaska.gov/clientportal/

akchildsupport

CSED 04-6601 Rev. 09/25

Alaska Child Support Enforcement Division (CSED) Helping Parents Help Their Kids

Medical Support

FOR MORE INFORMATION CHECK OUR WEBPAGE:

https://www.childsupport.alaska.gov